

FOUNTAIN DIAGNOSTICS

REFERRAL GUIDELINES

Fountain Diagnostics offer a multi site Primary Care diagnostic Gastrointestinal Endoscopy service to patients in the Leeds and Wakefield PCT areas.

The service offered on all sites offers a realistic alternative to secondary care at a realistic cost to the referring practice. We also offer Barretts surveillance to those patients requiring it.

Procedures offered within the service are Upper Gastrointestinal Endoscopy and Flexible Sigmoidoscopy.

INDICATIONS FOR REFERRAL (Upper GI)

- New onset dyspepsia at age 55 or over
- Dyspepsia at any age if associated with “red flag” symptoms
- Dysphagia
- Upper GI symptoms associated with a strong family history of upper GI disease.
- Asymptomatic anaemia
- Upper GI symptoms worrying to the patient with little response to symptomatic treatment.

INDICATIONS FOR REFERRAL (lower GI)

- Rectal bleeding
- Previous history of haemorrhoids
- Abnormality on digital rectal examination
- Altered bowel habit

CONTRAINDICATIONS FOR REFERRAL

- Patients with significant comorbidity, such as limiting cardiovascular disease, limiting respiratory disease, insulin dependant diabetes. Patients taking Warfarin, patients requiring prophylactic antibiotics.
- Patients who cannot give informed consent to the procedure

Patients will be assessed by the endoscopist prior to the procedure and all patients who are deemed unfit on the day of procedure will be referred back to their own GP.

Sedation for upper GI endoscopy will only be given after a full patient assessment by the nursing team and endoscopist. This is to ensure patient safety.