We are **closed** for TARGET (**T**ime for **A**udit **R**eview **G**uidelines

**E**ducation and **T**raining)

**from 12 noon** on:

**Thursday 26th September 2019**

**Thursday 24th October 2019**

**Thursday 28th November 2019**

**We are closed on the**

**following Bank Holidays:**

**25th December 2019**

**26th December 209**

**1st January 2020**

**When the surgery is closed:** If you require urgent medical assistance which cannot wait until the surgery re-opens, please telephone the Freephone NHS **111** number.

**If you have a life threatening medical emergency when the surgery is closed, please telephone 999 In the event of an urgent prescription collection please contact Lloyds Pharmacy staff who will be able to offer advice.**

The last PRG meeting was held at the practice on **7th August 2019**. The next meeting will take place on **3rd October 2019.** Meeting minutes and information regarding our PRG are displayed in the waiting area and on our website. We thank our Patient Reference Group members for their continued support.

We are constantly reviewing our members to ensure the group is representative of the practice population. If any mums or dads of babies/young children are interested in sharing ideas and helping us to make

improvements at the practice we would love to have you. Involvement can be to attend group meetings (quarterly at the practice) or to be part of a virtual panel (receiving emails). Invitation forms are available on our website or from reception.

Our practice pro-actively works to improve the service provided by our team and patient feedback is a valuable part of this. One way of letting us know how we are doing is by posting a comment on the NHS Choices website:

Go to **www.nhs.uk** and type our postcode LS27 9EN in the find local services section.

**Select Fountain Medical Centre | Select leave review | Leave your review and submit**

Your comments may be regarding how we can improve our service but our team also find it

rewarding to hear when they are getting it right so please let us know!

We have a very busy car park with a limited number of parking spaces available so would like to

remind visitors to our building of the following:

* All vehicles are parked at the owners risk
* 5 mile speed restriction in place
* Use designated car parking bays only
* No parking in designated GP / staff bays or on yellow lined areas
* Spaces are for the use of patients attending appointments in our building only
* Leave designated disabled parking bays for our visitors who need them

**Fountain Medical Centre, Little Fountain Street, Morley, Leeds LS27 9EN**

**Tel: 0113 2951600 Fax: 0113 2951660 Website: www.fountainmedical.co.uk**

We raised £284.15 at the Mencap Big Tea Party fundraising event!

We would like to thank everyone who helped and contributed to the event.

A special thanks to Courtney Mitchell who organised the event on behalf of the practice.

Please keep us up to date with your current home and mobile phone numbers and email address.

Change of detail forms are available from the practice or this can be easily done on our website.

**Having trouble getting through to us on the phone?**

Why not register for on-line access? You can book GP & Nurse appointments, order prescriptions and view aspects your health records.

For further information visit our website or ask at reception. (Please remember to bring a copy of your Photo ID).

Our general advice for patients who may have the symptoms of a winter virus would be to take Paracetamol tablets, rest, drink lots of fluid and if you feel concerned to speak to a doctor or nurse.

**Please remember – antibiotics are of no benefit for treating viral infections.**

More information will be posted out in September and October to all eligible patients or visit the practice website for further guidance.

**For information on flu protection type in nhs.uk flu**

 **- Working together to support carers**

A carer is someone of any age who provides unpaid support to family or friends who could not manage

without this help due to illness, disability, mental health issues or a substance misuse problem.

One number, One Service for adult carers advice line **0113 380 4300**

Support for carers aged 7 to 17 contact Willow Young Carers on **0113 262 2851**

Or visit **www.carersleeds.org.uk** for further information.

Did you know about the Time for Carers scheme which provides grants to help enable them to have a break from caring? For further information contact Leeds Carers or visit their website to download an application.

**Watch out for our winter edition in December!**